

LOCAL | AFFORDABLE | ENJOYABLE

DDC: Training

FIRST AID:

This will introduce and equip people with the knowledge and the skills to confidently administer CPR & AED, the recovery position, plus treat a casualty who is choking, bleeding or suffered burns. Will also cover the recognition and treatment of some medical emergencies, i.e. Heart attack, Diabetes, Epilepsy, Head Injuries etc.

The **Basic First Aid** and the **CPR AED** First Aid courses are the two halves of the Emergency First Aid course, and if completed together within a week will qualify for the EFA certificate.

The **First Aid at Work** (3 day) and the **Emergency First Aid** (1 day) training courses provide the comprehensive set of practical skills needed by first aiders in most workplaces to become a confident first aider at work giving both the ability, and the knowledge to deal with first aid emergencies. Both these courses meet the standards required to help comply with Health and Safety (First aid) regulations.

Children's First Aid for Parents is a Basic First Aid (not a paediatric first aid) course aimed at helping parents or carers to react to basic first aid situations in the home. The course covers CPR, AED, burns, choking, bleeds, head injuries and other similar medical conditions.

MENTAL HEALTH FIRST AID:

Mental health conditions can affect any of the people we may interact with, whether it be family, friends, work colleagues or anyone we encounter, during our daily lives.

These courses support us to understand and identify ways in which we can help, and even save lives.

- Level 1 is an Everyone Everyday course, great for public or work colleagues
- Level 2 would be more suited to Workplace Managers and Leaders, but suitable for Everyone Everyday.

CANCELLATION

In the unlikely event that you need to cancel a booking, the following refunds are available to you:

Up to 4 weeks prior to day 1 of course - 50% refund available

Between 2 and 4 weeks of day 1 of course - 25% refund available

Less than 2 weeks of day 1 of course - no discount or transfer available

CONTACT US:

INFO

www.ddc.org.uk/training

QUERIES

01484 860077 or training@ddc.org.uk

BOOKING

www.ddc.org.uk/trainingshop

COMMUNITY 50% discount for community groups, see website

The Denby Dale Centre Ltd:

12b Springfield Mill, Norman Road, Denby Dale, HD8 8TH

01484 860077

Charity 1118128 Company 5507412 Ltd by guarantee, Registered in England

The Denby Dale Centre is a Kirklees anti-loneliness charity who specialize in **Community Transport, Community Centres and Community Activities**

NOV'19 to MAR'20

COURSES:

BASIC FIRST AID

3 hour: 09:00-12:00

£36 per person

20 Jan – Kirkburton pm

17 Feb – Kirkburton pm

24 Mar – Kirkburton pm

CPR & AED FIRST AID

3 hour: 13:00-16:00

£36 per person

18 Feb – Kirkburton pm

17 Mar – Kirkburton pm

FIRST AID AT WORK

3 days: 09:00-16:00

£144 per person

28-30 Jan – HD8

EMERGENCY FIRST AID

6 hour: 09:00-16:00

£72 per person

23 Jan – Kirkburton

6 Feb – Kirkburton

5 Mar – Kirkburton

CHILDREN'S FIRST AID FOR PARENTS

3 hour: 10:00-13:00

£36 per person

17 Dec – Kirkburton

MENTAL HEALTH FIRST AID

Level 1

3 hour: 12:00-16:00

£90 per person

25 Feb – Kirkburton

Level 2

6 hour: 09:00-16:00

£140 per person

19 Mar – Kirkburton



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MOVING & HANDLING:

This course helps employers to conform to Manual Handling Operations Regulations 1992, The Health and Safety at Work Act 1974 and The Management of Health and Safety at Work Regulations 1999, to have employees sufficiently trained in principles and good practice when manual handling. Risks and risk management will be covered during the day to ensure appropriate controls are managed to protect employees.

BASIC FIRE SAFETY:

This combined course helps to build on existing experience, knowledge and skills to conform to the Regulatory Reform (Fire Safety) Order 2005 to prepare employees and designated staff with risks of workplace fires, causes, prevention, precaution and evacuation within your business.

FOOD HYGIENE:

To build on existing experience, knowledge and skills with the addition of introducing food hygiene regulations to help anyone working with food preparation, cooking, serving and cleaning in their roles. This course contains subject material to comply with food handling regulations to Level 2 Food Hygiene Standard.

DEMENTIA FRIENDS:

Dementia training for individuals or groups of people who have an interest in learning about the basics of dementia. This friendly course acts as an introduction to dementia and is ideally suited for someone who has found their lives being involved with dementia.

NOV'19 to MAR'20

COURSES:

MOVING & HANDLING

6 hour + homework:

09:00-16:00

£72 per person

20 Feb – Kirkburton

BASIC FIRE SAFETY

3 hour + homework:

09:00-12:00

£46 per person

30 Mar – Kirkburton

FOOD HYGIENE Level 2

6 hour: 09:00-16:00

£72 per person

19 Feb – Kirkburton

DEMENTIA FRIENDS

1 hour: various times

£2 per person

4 Dec – 3pm Kirkburton

J Feb – 10am Kirkburton

K Mar – 3pm Kirkburton

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DDCtraining
Part of the Denby Dale Centre

Quality For Health[®]