

# DDC:First Aid Courses

## HSE STANDARDS FOR FIRST AID COURSES

“From 1 October 2013 HSE [Health & Safety Executive] no longer approves training and qualifications for the purposes of first aid at work.

Training organisations who were formerly ‘Approved’ by HSE to deliver First Aid at Work Training can no longer claim to be HSE Approved or use their HSE Approval number. The flexibility arising from the changes in the Regulations gives employers more choice in the first aid training they provide for their employees and who they choose to provide it. An employer will need to undertake varying levels of due diligence (reasonable enquiry or investigation) into how they select a first aid training provider.”

Source: <http://www.hse.gov.uk/firstaid/first-aid-training.htm>

Choosing the right first aid course will arise from the risk assessment, risk management and understanding your organisations due diligence. You can get further HSE guidance at <http://www.hse.gov.uk/pubns/books/I74.htm> and advice of First Aid at Work for employers at <http://www.hse.gov.uk/pubns/indg214.pdf>.

The table below may help you decide which of the two levels of “HSE standard” first aid courses to choose:

Course Module	Emergency First Aid		First Aid At Work	
	HSE Standard	DDC Course	HSE Standard	DDC Course
<b>Single Day First Aid</b>				
Preventing cross Infection	✓	✓	✓	✓
Recording incidents and actions	✓	✓	✓	✓
Use of available equipment	✓	✓	✓	✓
Situation assessment	✓	✓	✓	✓
Unconscious casualty (incl seizure)	✓	✓	✓	✓
CPR/AED	✓	✓	✓	✓
Choking	✓	✓	✓	✓
Wounded/bleeding	✓	✓	✓	✓
Shock	✓	✓	✓	✓
Minor injuries	✓	✓	✓	✓
<b>Additional Three Day First Aid</b>				
Fractures			✓	✓
Spinal			✓	✓
Muscles			✓	✓
Chest injuries			✓	✓
Burns and scalds			✓	✓
Eye injuries			✓	✓
Sudden poisoning			✓	✓
Anaphylactic shock			✓	✓
Heart attack			✓	✓
Stroke			✓	✓
Epilepsy			✓	✓
Asthma			✓	✓
Diabetes			✓	✓
<b>Additional First Aid</b>				
Tourniquet placement		✓		✓
Additional requested content		✓		✓
Paediatric CPR/AED		✓		✓

Source: (Appendix 5 and 6) <http://www.hse.gov.uk/pubns/priced/I74.pdf>

DDC Training First Aid training courses are quality assured, externally audited, and have flexibility to include content relevant to risk assessments. A 3-year course certificate will be provided to successful candidates.